

# SCOTTISH POLICE BENEVOLENT FUND

Registered Charity number SC043489

Minutes of the East Area Committee of the Scottish Police Benevolent Fund on  
Thursday 4<sup>th</sup> December 2025 on Teams.

## 1. ATTENDEES:

James Gowling – (Chair) – JG  
Ricky Wood - (Secretary - RW  
Lyn Redwood – LR  
David Reid – DR  
Chris Richardson – CR  
Deborah Kennedy DK  
David Hughes – DH  
Craig Menzies – CM

## 2. OPENING OF MEETING:

The Chair (JG) opened the meeting, welcomed all present. He then handed over the secretary RW who reminded all Trustees of their duties and responsibilities with regards to acting in the sole best interests of the charity and the following statement was read out:

*“All Trustees are reminded of the need to declare any personal or professional interest, direct or indirect, in any applications that are considered during this meeting, with a view to avoiding any potential conflict of interest and in the best interests of the charity. Any such declaration will result in the individual removing themselves from any discussion and decision regarding the application(s).”*

## 3. APOLOGIES:

James McClaren

## 4. MINUTES OF THE PREVIOUS MEETING:

It was confirmed that it had been over a year since a meeting had been held and the previous minutes had already been circulated and approved as an accurate record. It was hoped that the posters going out to all East Area Federation reps would raise the profile of the SPBF or at least remind members of its existence. RW stated he would follow this up with an email of the poster.

## 5. MATTER ARISING

With the retirement of John Turley, a vacancy had arisen on the board of Trustees. LG had attended the last meeting as an observer. In light of this RW proposed she become the new Trustee. This was seconded by JG and agreed by all present.

**6. STANDING ITEMS**

**6.1 CONSIDERATION OF APPLICATIONS:**

There was one application presented at the meeting for consideration.

**GEN0003** -

Approved

**7. NEW BUSINESS:**

Nil

**8. CORRESPONDENCE:**

Nil

**9. ANY OTHER COMPETENT BUSINESS:**

Nil

**10. DATE AND VENUE OF NEXT MEETING(S):**

Date of the next meeting is to be confirmed.

**11. CLOSURE OF MEETING:**

RW thanked everyone for their contribution and participation in the meeting. JM then closed the meeting.

**James Gowling  
Chair**

**Ricky Wood  
Secretary**